

Leadership Essentials

Your business need skilful leaders who can deal confidently with pressure and change, who are innovative in seeking the right solutions and who are resilient in handling ambiguity, complexity and stress.

Our Leadership Essentials Programme has been carefully designed to support and develop skilful leaders. Fusing face-to-face workshops with group exercises, psychometric profiling with 1-2-1 coaching sessions, our goal is to raise the capability of your leaders to motivate their teams and drive results.

Taught by experts in leadership development, with decades of Senior and Board Level expertise, this Programme will nurture decisive, effective and impactful leaders inside your organisation.



Who

Individuals seeking to excel in current or next leadership role
2-10 years experience



Format

Face-to-face workshops
Virtual training
Self-study



Duration

6 month programme
50+ hours of contact time

Our Solution

1

Self-leadership

- Develop a deeper understanding of who you are as a leader, where you excel and where you hold yourself back
- Refresh your interpersonal communication skills to help you lead a strong team

2

Leadership style

- Understand your preferred leadership style and how to flex it to drive performance
- Feel more confident and self-assured in your leadership abilities
- Use structured processes to lead groups and deliver strategic meetings

3

Cultivate a high-impact mindset

- Build awareness of how your mindset as a leader affects your team
- Understand the impact of mindset on your personal performance
- Adopt a leadership mindset that feels authentic to you

4

Build business acumen

- Learn frameworks for strategic planning and critical thinking
- Develop skills to collaborate cross-functionally
- Learn the importance of stakeholder management and influence as a leader

5

Adaptability and resilience

- Learn how to embrace change and uncertainty
- Discover how to excel from a place of ambiguity
- Discover a new leadership identity which doesn't rely purely on expertise

6

Influencing and empowering others

- Build strong engagement and trust with stakeholders
- Create tangible value for your organisation
- Develop and nurture your coaching and delegating skills to nurture a high-performing team

Programme Objectives

The Leadership Essentials Programme is designed to boost self-confidence, strengthen strategic thinking and build influencing skills. As a result of attending this training, participants will be able to:

- **Better understand your personality and values**
Explore 360 feedback to build awareness & understand how these traits impact your effectiveness as a leader
- **Build a high-performing team**
Foster leadership qualities that inspire your team, promote collaboration & enhance decision-making
- **Enhance adaptability**
Develop the agility to navigate change effectively and lead resilient teams
- **Nurture strategic thinking**
Equip participants with the skills to analyse complex scenarios, anticipate trends and take complex decisions
- **Effectively manage performance**
Learn how to deliver an effective performance review



Key Benefits of the Programme

- This programme can be tailored to fit your business need
- Complete learning journey that covers all aspects of leader development
- Can be run in multiple languages via our global network of trainers
- Focused on practical application and real situations
- Participants will benefit from a blended learning journey incorporating face-to-face sessions, individual coaching and self-study
- Learning cascades through leaders' teams into wider organisation
- Builds a culture that prioritises results and achieves success through relationships and innovation

The Learning Journey

As experts in the science of learning, we've carefully designed our Leadership Essentials Programme to ensure the most interactive, engaging and insightful learning experience. Led by our expert trainers, a typical learning journey lasts six months and includes face-to-face training, virtual workshops and self study.

Preparation	Virtual Kick Off	Coaching	Face-to-Face	Virtual Workshops	Face-to-Face	Coaching	Virtual Follow Up
• 360 Assessment • Reflect on leadership journey • Read assigned material	• Introduction • Orientation • Sharing of objectives • Course expectations, ways of working	• 360 assessment feedback • Identification of personal goals for programme	• Self Leadership • Leadership style • Cultivate a high-impact mindset	Sessions include: • Communicate change • Imposter Syndrome • High-performing teams	• Build business acumen • Adaptability and resilience • Influencing & empowering others	• Reflect on learnings and practical applications	• Wrap up of Programme • Actions and next steps
4 weeks	1 hour	90 mins	3 days	2 hours each	3 days	90 mins	1 hour

Why Train with us?

- Our customers tell us that we are different and that working with us is different too. Here's what sets us apart:
- **We customise all our solutions:** We pride ourselves on developing fully tailored solutions for each and every client
 - **We have global expertise:** Our specialism is rolling out global Programmes in 20+ languages
 - **We are dedicated to changing behaviour:** Our solutions are not about delivering content, our aim is to change behaviour so that our people behave differently & improve performance
 - **We are transparent and open:** We're good at building long-term client relationships because we are friendly, approachable and have a transparent approach to pricing.



People Development Specialists

Business Linked Teams is a global people development company headed by Samantha Caine, FCIPD. We empower development and enhance capability through bespoke learning solutions and carefully curated change initiatives.



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